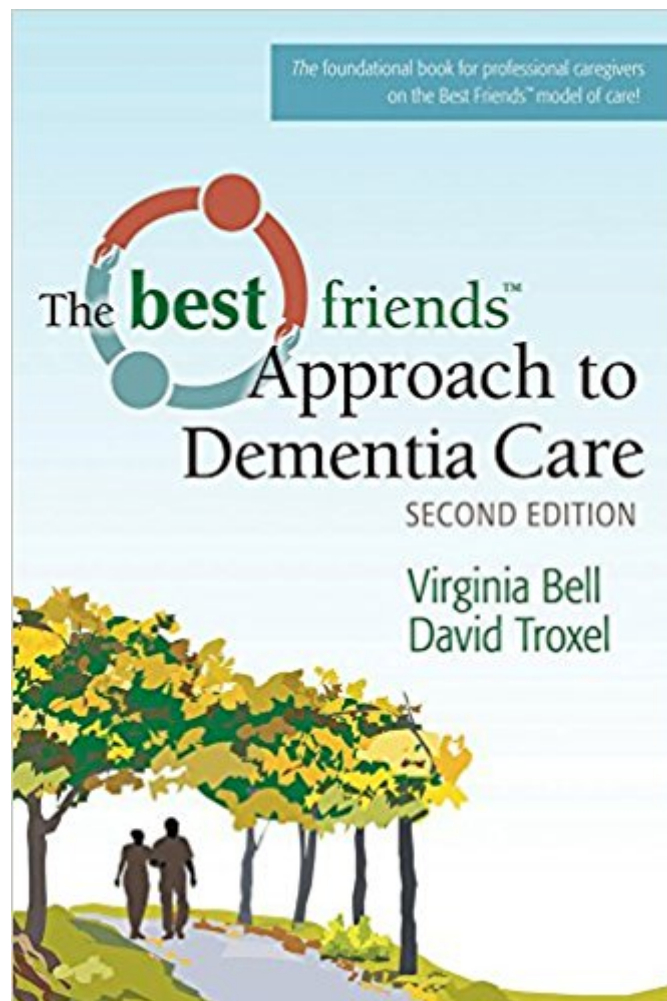




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The Best Friends Approach To Dementia Care



Synopsis

Successfully implement this relationship-centered approach to dementia care that builds on the essential elements of friendship respect, empathy, support, trust, and humor. For decades the acclaimed Best Friends™ approach has been widely recognized for helping people with Alzheimer's and other dementias experience meaningful engagement and dignity in all aspects of their lives. In this completely revised and expanded second edition, care partners learn how to apply the core principles of the approach through practical tips and instructive examples of Best Friends in action. An all-new section also provides a roadmap for creating and sustaining a Best Friends program. Become familiar with: The building blocks of the approach, including the Dementia Bill of Rights and the concept of relationship-centered care; new approaches to minimizing challenging behaviors and creating activities to promote engagement; how to use Best Friends in a variety of care settings; effective ways to involve families and volunteers.

Book Information

Paperback: 264 pages

Publisher: Health Professions Press; Successfully implement this relationship-centered approach to dementia care that builds on the essential elements of friendship_ respect, empathy, support, trust, and humor. For decades the acclaimed Best Friends™ approach has been widely recognized for helping people with Alzheimer's and other dementias experience meaningful engagement and dignity in all aspects of their lives. In this completely revised and expanded second edition, care partners learn how to apply the core principles of the approach through practical tips and instructive examples of Best Friends in action. An all-new section also provides a roadmap for creating and sustaining a Best Friends program. Become familiar with: The building blocks of the approach, including the Dementia Bill of Rights and the concept of relationship-centered care The core tenets of Best Friends: the Life Story, skilled communication, and caregiving Knack New approaches to minimizing challenging behaviors and to creating activities that produce true engagement How to use Best Friends in a variety of care settings Effective ways to involve families and volunteers An approach that's embraced around the world! Make each day reassuring, enjoyable, and secure for the people in your care with this simple, compassionate approach to dementia care. edition (September 26, 2016)

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Customer Reviews

...full of contemporary best practices and practical tips for successfully navigating the challenges of dementia care, [this book] will be a valuable resource for our staff as we encourage relationships and meaningful activities to create a successful day. --Tom Alaimo, VP, Memory Care Operations (Life Guidance®), Atria Senior Living
The Best Friends philosophy, rich in relationships and engagement, and respectful of human rights, provides a lasting foundation for dementia friendly communities and quality care. --Marc Wortmann, Executive Director, Alzheimer's Disease International
practical solutions for creating not just a program but a lifestyle to staff members caring for people with dementia. --Doody's Review Service

Virginia Bell, M.S.W., and David Troxel, M.P.H., are recognized internationally for their groundbreaking and innovative work helping people with dementia, their families, and professional caregivers. With decades of experience working in university, community, and adult day center settings, they have pioneered the development of an effective, meaningful model of dementia care in the Best Friends philosophy.

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